

Clean and Green

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Spritz and Wipe Deodorizing All Purpose Cleaner

- ¼ c Baking soda
 - ¼ c Lemon juice
 - 1/8 c Borax
 - 1T Liquid soap
 - 1 gallon warm water
- Combine all ingredients in a clean spray bottle. Do not use on wood.

Spritz and Shine Glass and Window Cleaner

- Option 1: Combine a mixture of ½ vinegar, ½ water in a clean spray bottle.
- Option 2: Combine 1/2t liquid soap, 3 T distilled white vinegar and 2 cups water in a clean spray bottle.
- Notes: If cleaning outdoor windows or large surfaces it's best to mix the ingredients in a bucket and use rags versus spraying.
- The first couple of times the vinegar may streak as you clean the glass this is due to residue from the other cleaners. Use the bucket method with warm water the first couple of cleanings to avoid this problem.

Sprinkle and Drain Drain Cleaner

- 2 c Baking soda
 - 2 c Salt
 - ½ c Cream of Tartar
- Blend all ingredients together and pour 1 cup down the drain followed by 1 qt boiling water let set several hours or overnight.

Sprinkle and Scrub Scouring Powder

- Baking soda
- Washing soda
- Borax

Sprinkle your choice of the above directly on sponge or surface. For extra scrub add sea salt. Do not use on wood

Sprinkle and Sniff Deodorizers

- For the fridge: Open small box of baking soda and leave for 1-2 months.
- For room sprays: add 4 T of baking soda to 1 quart warm water. Place in a clean spray bottle.
- Baking soda can also be used in litter boxes, and sprinkled in between the pages of old books to prevent mold.

Set and Nuke Microwave Cleaner

- 2 T Baking soda
- 1 c Water

Combine in a microwave safe bowl and bring to boil let mixture boil for 2-3 minutes so that it steams the inside of the microwave. Turn off microwave and wipe out with a towel followed by a damp sponge.

Swish and Swipe Floor Cleaner

- Option 1: 1 c Vinegar to a gallon of water
- Option 2: ½ cup borax to 2 gallons water (put borax in first) The borax acts as a disinfectant
- Option 3 for Linoleum polish: 6T cornstarch to one cup water.
- **Only option 1 should be used on wood floors**

Sprinkle and Sweep Carpet Deodorizer

- 1 C baking soda
- 10-20 Drops of essential oil of choice

Combine baking soda and essential oil in a shaker top jar. Sprinkle on carpet and vacuum as usual. For tough odors let mixture set as long as possible.

Always spot test first although essential oils shouldn't stain the heavier oils may leave dark spots. Light floral oils are preferred.

Spread and Shine Furniture Polish

- 1 Part Lemon Juice
- 2 Parts Olive Oil
- 4-6 drops lemon or ylang ylang essential oil if desired.

Combine mixture in a small jar with lid. Shake before use. Apply with a soft cloth and buff with a separate cloth if desired.

Scrub and Flush Toilet Bowl Cleaner

- ½ c Baking soda
- ½ c Vinegar (or scented vinegar)

Sprinkle baking soda followed by vinegar directly into the bowl. **Beware the mixture will bubble.** Scrub as usual and flush.

Pour and Clean Overnight Toilet Bowl Cleaner/Freshner

- 1 C lemon scented vinegar

Pour mixture into bowl and let set as long as desired.

To make lemon scented vinegar put leftover lemon peels into a jar with lid add 2 cups white vinegar and let set until desired strength is reached. Can boost scent with lemon essential oil if desired.

Smooth and Scrub Crème Cleanser

- ¼ c Baking Soda
- Liquid soap enough to make a smooth paste

Combine baking soda and liquid soap in a clean bottle.

For extra scouring add ¼ c powdered chalk
For mold add 4-6 drops of tea tree oil

Tub and Tile Scrub

- 1 2/3 C Baking Soda
- ½ C Liquid Soap
- ½ C Water
- 2 T Vinegar

In a bowl combine baking soda and liquid soap. Add water and combine. Add vinegar last (it will bubble) If to thick add more water. Pour into clean 16 oz spray bottle. Shake before using.

Mold and Mildew Remover

- ½ cup Baking soda
- Water to make paste
- 4-6 drops tea tree oil if desired

Add water to baking soda to form a paste. Using a hard bristle brush and/or toothbrush scrub areas well. Add sea salt if more scrub is needed.

Shower Curtain Cleaner

- For soap scum spray down with straight vinegar and a citrus essential oil if desired
- For mold sprinkle with baking soda or borax and scrub well.

Antiseptic Spray

- 3 T Liquid Soap
- 20-30 drops tea tree oil
- Purified water
- 16 oz Spray bottle


Fill spray bottle almost full. Add liquid soap and essential oil. Shake to mix.

Do not use on food.
This can also be used as a hand soap.

Spritz and Sniff Scented Room Sprays

- 2 t vodka or 190 proof alcohol
- Distilled Water
- 18 drops essential oils or oils of choice

In a glass measuring cup, stir the essential oils into the vodka . If oils don't mix completely, add another teaspoon of alcohol. Add water to ½ cup line. Pour into clean bottle and spray in the air.



A thing is right when it tends to
preserve the integrity, stability,
and beauty of the biotic
community. It is wrong when it
tends to do otherwise.

Aldo Leopold